



Not an actual patient.

Treatment Booklet + Side Effect Tracker

IMPORTANT PRODUCT INFORMATION

TRUQAP® (capivasertib) is a prescription oral medicine used in combination with fulvestrant to treat adults who have hormone receptor (HR)-positive, human epidermal growth factor receptor 2 (HER2)-negative breast cancer that is advanced or has spread to other parts of the body (metastatic), with an abnormal “*PIK3CA*”, “*AKT1*”, or “*PTEN*” gene, and whose disease has progressed on or after endocrine therapy. Do not take TRUQAP if you have had a severe allergic reaction to TRUQAP or are allergic to any of its ingredients. Tell your healthcare provider if you are pregnant or breastfeeding or plan to become pregnant or breastfeed. TRUQAP can harm your unborn baby. TRUQAP may cause severe side effects, including high blood sugar levels (hyperglycemia); diarrhea; or skin reactions. Untreated severe hyperglycemia can lead to a condition called diabetic ketoacidosis that requires treatment in a hospital and can lead to death. The most common side effects include nausea, tiredness, vomiting, mouth sores, and changes in certain blood tests.

Please see Important Safety Information on pages 14–15, and full [Prescribing Information](#), including [Patient Information](#) for TRUQAP.

Use the following pages to track your experience with TRUQAP

You and your doctor have chosen to start treatment with TRUQAP.

Side effects may occur while taking TRUQAP + fulvestrant, but learning how to quickly identify them may help you manage them with your healthcare team.

Always tell your doctor about any side effects you experience as soon as you notice them.



It's important to check in with yourself and notice any changes in your body on a daily basis so you can identify any potential side effects as soon as they appear.



Note your medical appointments.



Organize essential contact information for your healthcare team.



Don't hesitate to reach out and communicate how you are feeling with your healthcare team. They are there to help you get the most out of your treatment with TRUQAP.

This **Treatment Booklet + Side Effect Tracker** is designed to support you, inspire you, and help you take charge of your treatment. For more support and resources, scan the QR code on the back cover.

Please see Important Safety Information on pages 14–15, and full [Prescribing Information](#), including [Patient Information](#) for TRUQAP.



My information

My name: _____

My phone: _____

My contact person: _____

Date: _____



My healthcare team

Name: _____

Phone: _____

Address: _____

Additional information: _____

Name: _____

Phone: _____

Address: _____

Additional information: _____

Name: _____

Phone: _____

Address: _____

Additional information: _____

Potential side effects of TRUQAP:

high blood sugar levels



TRUQAP may cause side effects, which may sometimes be severe, including high blood sugar levels

- High blood sugar levels, known as hyperglycemia, are common with TRUQAP and may be severe
- Untreated severe hyperglycemia can lead to a condition called diabetic ketoacidosis, which is a serious condition that requires treatment in a hospital and can lead to death. It is possible to develop diabetic ketoacidosis while taking TRUQAP
- Your doctor will monitor your blood sugar levels before you start and during treatment with TRUQAP
- It is not known if TRUQAP is safe in people with type 1 diabetes or people who use insulin to treat their diabetes
- If you have a history of diabetes, your doctor will monitor your blood sugar levels more often

Tell your doctor right away if you develop symptoms of high blood sugar, including:

- excessive thirst
- increased appetite with weight loss
- vomiting
- dry mouth
- stomach area (abdominal) pain
- fruity odor on breath
- more frequent urination than usual or a bigger amount of urine than normal
- unusual tiredness
- dry or flushed skin
- difficulty breathing
- blurred vision
- confusion
- sleepiness
- nausea

Remember to always tell your doctor about any side effects you experience right away. Your doctor may adjust your treatment or prescribe medication to help manage your side effects. These are not all possible side effects with TRUQAP + fulvestrant.

Daily tracker for high blood sugar levels

Every day, ask yourself whether you are experiencing any of the symptoms listed on the left. Any one of them could indicate a change in your blood sugar that your healthcare team needs to know about.

Are you experiencing any of the symptoms listed on the left?			
DAY	YES	NO	If yes, which symptom(s)?
1	☐	☐	
2	☐	☐	
3	☐	☐	
4	☐	☐	
5	☐	☐	
6	☐	☐	
7	☐	☐	



If you ever answer yes, call your healthcare team right away.
 They can advise you regarding these symptoms.



Among patients in the clinical trial who experienced high blood sugar levels, most symptoms appeared about **2 weeks** after starting treatment.

Please see Important Safety Information on pages 14–15, and full [Prescribing Information](#), including [Patient Information](#) for TRUQAP.

Potential side effects of TRUQAP:

diarrhea



TRUQAP may cause side effects, which may sometimes be severe, including diarrhea

- Diarrhea is common during treatment and may be severe
- Talk to your doctor if you develop any signs of diarrhea, including loose or watery stool
- Your doctor will tell you to drink more fluids and may prescribe medication to treat diarrhea

Tips to manage diarrhea:

Ask your doctor about over-the-counter treatments that you could have on hand that may help if you have diarrhea. Once you begin treatment, try to stay hydrated and limit foods that could be irritating to your digestive tract. Tell your doctor if you develop any signs of diarrhea (loose or watery stool).

- Call your doctor at the first sign of diarrhea
- Increase fluid intake
- Eat less dairy
- Avoid spicy foods
- Limit caffeine intake

Remember to always tell your doctor about any side effects you experience right away. Your doctor may adjust your treatment or prescribe medication to help manage your side effects. These are not all possible side effects with TRUQAP + fulvestrant.

Daily tracker for diarrhea

Every day, ask yourself whether you are experiencing symptoms of diarrhea, such as loose or watery stool.

I normally have _____ bowel movements a day.

Are you experiencing diarrhea?			How many bowel movements have you had today?
DAY	YES	NO	
1	☐	☐	
2	☐	☐	
3	☐	☐	
4	☐	☐	
5	☐	☐	
6	☐	☐	
7	☐	☐	



If you ever answer yes, call your healthcare team right away.
They can advise you regarding these symptoms.



Among patients in the clinical trial who experienced diarrhea, most symptoms appeared about **a week** after starting treatment.

Please see Important Safety Information on pages 14–15, and full Prescribing Information, including Patient Information for TRUQAP.

Potential side effects of TRUQAP:

skin reactions



TRUQAP may cause side effects, which may sometimes be severe, including skin reactions

- Skin reactions are common with TRUQAP and can be severe
- Tell your doctor or get medical help right away if you develop any of these symptoms:
 - a rash
 - a rash that keeps getting worse
 - reddening of the skin
 - fever
 - blistering of the lips, eyes, or mouth
 - blisters on the skin
 - skin peeling
 - dry skin
- Watch out for signs of an allergic reaction, such as swelling, chest pain, or difficulty breathing

Tips to manage rashes and skin reactions:

At the first sign of skin irritation, call your doctor. Your doctor may recommend over-the-counter creams or prescriptions. Additionally, you can take care to avoid skin irritants:

- Avoid body washes and lotions with dyes and perfumes
- Switch to dye- and fragrance-free detergent
- Wear cotton or linen fabrics

Remember to always tell your doctor about any side effects you experience right away. Your doctor may adjust your treatment or prescribe medication to help manage your side effects. These are not all possible side effects with TRUQAP + fulvestrant.



Daily tracker for skin reactions

Every day, ask yourself whether you are experiencing any of the symptoms listed on the left. Any one of them could indicate a skin reaction your healthcare team needs to know about.

Are you experiencing any of the symptoms listed on the left?			
DAY	YES	NO	If yes, which symptom(s)?
1	☐	☐	
2	☐	☐	
3	☐	☐	
4	☐	☐	
5	☐	☐	
6	☐	☐	
7	☐	☐	



If you ever answer yes, call your healthcare team right away.
They can advise you regarding these symptoms.



Among patients in the clinical trial who experienced skin reactions, most symptoms appeared about **2 weeks** after starting treatment.

Please see Important Safety Information on pages 14–15, and full [Prescribing Information](#), including [Patient Information](#) for TRUQAP.

Potential side effects of TRUQAP



Common side effects of TRUQAP

The most common side effects include:

- nausea
- mouth sores
- tiredness
- changes in certain blood tests
- vomiting

These are not all the possible side effects of TRUQAP.

Call your healthcare team for medical advice about any and all side effects you experience.

You may report side effects to the FDA at 1-800-FDA-1088.

Tips to manage nausea:

If you're experiencing nausea while taking TRUQAP + fulvestrant, try to avoid foods and drinks that can make you feel worse.

- Eat small meals more often
- Avoid strong smells
- Drink clear, cold beverages

Tips to manage tiredness:

Managing tiredness means rest and delegation—save your energy as much as you can for the things that matter! Here are a few tips to help:

- Delegate chores
- Schedule time to relax
- Exercise

Ask your doctor before starting any new physical activity or exercise regimen.

Remember to always tell your doctor about any side effects you experience right away. Your doctor may adjust your treatment or prescribe medication to help manage your side effects. These are not all possible side effects with TRUQAP + fulvestrant.

Daily tracker for other common symptoms

Every day, ask yourself whether you are experiencing any other symptoms.

Are you experiencing any other symptoms?			
DAY	YES	NO	If yes, which symptom(s)?
1	☐	☐	
2	☐	☐	
3	☐	☐	
4	☐	☐	
5	☐	☐	
6	☐	☐	
7	☐	☐	



If you ever answer yes, call your healthcare team right away.
 They can advise you regarding these symptoms.



Not an actual patient.

Please see Important Safety Information on pages 14-15, and full Prescribing Information, including Patient Information for TRUQAP.

My treatment notes

[illegible]

What is TRUQAP?

TRUQAP is a prescription oral medicine used in combination with the medicine fulvestrant to treat adults who have hormone receptor (HR)-positive, human epidermal growth factor receptor 2 (HER2)-negative breast cancer that is advanced or that has spread to other parts of the body (metastatic), with an abnormal “*PIK3CA*”, “*AKT1*”, or “*PTEN*” gene, and whose disease has progressed on or after endocrine therapy.

Your healthcare provider will test your cancer for an abnormal “*PIK3CA*”, “*AKT1*”, or “*PTEN*” gene to make sure that TRUQAP is right for you.

It is not known if TRUQAP is safe and effective in children.

IMPORTANT SAFETY INFORMATION ABOUT TRUQAP® (capivasertib) tablets

Do not take TRUQAP if you have had a severe allergic reaction to TRUQAP or are allergic to any of the ingredients of TRUQAP.

Before you take TRUQAP, tell your healthcare provider about all your medical conditions, including if you:

- have a history of high levels of sugar in your blood or diabetes
- have a history of rash or other skin disorders
- have liver problems
- have any current infection
- are pregnant or plan to become pregnant. TRUQAP can harm your unborn baby

Females who are able to become pregnant:

- Your healthcare provider will check to see if you are pregnant before you start treatment with TRUQAP
- You should use effective birth control during treatment with TRUQAP and for 1 month after the last dose. Talk to your healthcare provider about birth control methods that may be right for you during this time
- If you become pregnant or think you are pregnant, tell your healthcare provider right away

Males with female partners who are able to become pregnant should use effective birth control during your treatment with TRUQAP and for 4 months after the last dose. If your female partner becomes pregnant, tell your healthcare provider right away.

- are breastfeeding or plan to breastfeed. Do not breastfeed during treatment with TRUQAP. Talk to your healthcare provider about the best way to feed your baby during treatment with TRUQAP

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. TRUQAP may affect the way other medicines work, and other medicines may affect how TRUQAP works. Know the medicines you take. Keep a list of them to show your healthcare provider or pharmacist when you get a new medicine.

How should I take TRUQAP?

- Take TRUQAP exactly as your healthcare provider tells you
- Do not change your dose or stop taking TRUQAP unless your healthcare provider tells you
- Take TRUQAP 2 times each day (about 12 hours apart) in the morning and evening, at about the same times each day
- Take TRUQAP for 4 days in a row, followed by 3 days not taking TRUQAP each week
- Take TRUQAP with or without food
- Swallow TRUQAP tablets whole with water. Do not chew, crush, or split the tablets. Do not take any tablets that are broken, cracked, or that look damaged

- If you miss a dose of TRUQAP, you may still take it within 4 hours from the time you usually take it. If it has been more than 4 hours after you usually take your dose, skip that dose. Take the next dose at your usual time. Do not take 2 doses to make up for a missed dose
- If you vomit after taking a dose of TRUQAP, do not take an additional dose. Take your next dose at your usual time
- For women who have not reached menopause or are just starting menopause, your healthcare provider will prescribe a medicine called a luteinizing hormone-releasing hormone (LHRH) agonist to take with TRUQAP and fulvestrant. For men, your healthcare provider may prescribe a LHRH agonist to take with TRUQAP and fulvestrant

What are the possible side effects of TRUQAP?

TRUQAP may cause severe side effects, including:

- **High blood sugar levels (hyperglycemia)** – Hyperglycemia is common with TRUQAP and may be severe. Untreated severe hyperglycemia can lead to a condition called diabetic ketoacidosis that can happen in people treated with TRUQAP. Diabetic ketoacidosis is a serious condition that requires treatment in a hospital and that can lead to death. Your healthcare provider will monitor your blood sugar levels before you start and during treatment with TRUQAP. It is not known if TRUQAP is safe in people with type 1 diabetes or people who use insulin to treat their diabetes. Your healthcare provider will monitor your blood sugar levels more often if you have a history of diabetes. Tell your healthcare provider right away if you develop symptoms of hyperglycemia, including excessive thirst, dry mouth, more frequent urination than usual or a bigger amount of urine than normal, blurred vision, increased appetite with weight loss, stomach area (abdominal) pain, unusual tiredness, confusion, nausea, vomiting, fruity odor on breath, dry or flushed skin, difficulty breathing, sleepiness
- **Diarrhea** – Diarrhea is common during treatment with TRUQAP and may be severe. Severe diarrhea can lead to the loss of too much body water (dehydration). Tell your healthcare provider if you develop any signs of diarrhea, including loose or watery stool. Your healthcare provider will tell you to drink more fluids or take medicines to treat diarrhea
- **Skin reactions** – Skin reactions are common with TRUQAP and can be severe. Tell your healthcare provider or get medical help right away if you get a new or worsening rash, reddening of the skin, fever, blistering of the lips, eyes or mouth, blisters on the skin, skin peeling, or dry skin

Your healthcare provider may tell you to decrease your dose, temporarily stop your treatment, or completely stop your treatment with TRUQAP if you get certain serious side effects.

The most common side effects of TRUQAP include nausea, tiredness, vomiting, mouth sores and changes in certain blood tests.

These are not all the possible side effects of TRUQAP. Call your healthcare provider for medical advice about side effects. You may report side effects to the FDA at 1-800-FDA-1088.

What should I avoid while taking TRUQAP?

- You should not drink grapefruit juice or eat grapefruit during treatment with TRUQAP



Please see full [Prescribing Information](#), including [Patient Information](#) for TRUQAP or scan here.

You may [report side effects related to AstraZeneca products](#).



Supporting you during your treatment with **TRUQAP** + fulvestrant



For additional resources, visit
[TRUQAP.com/resources/materials](https://truqap.com/resources/materials)

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