

My custom calendar

TRUQAP is taken 4 days in a row, followed by 3 days not taking TRUQAP, each week.

The recommended starting dosage of TRUQAP is 400 mg two times each day.
Your doctor may adjust your dose.

SELECT THE CURRENT DOSAGE YOUR DOCTOR PRESCRIBED:

☐ ☒ 400 mg two times each day ☐ ☒ 320 mg two times each day ☐ ☒ 200 mg two times each day

This dose calendar has been populated with your custom starting date. Every week, fill out the time and day of each dose to keep track of your medication schedule. When this dose cycle is complete, you may download and print a new one.


AM


PM

SUNDAY

2

Day 1

☒ 7:23

☒ 8:05

← Fill in the day of the month

← Check and mark when you've taken your morning dose

← Check and mark when you've taken your evening dose

DOSE CYCLE: ____/____ - ____/____
Starting date Ending date


AM


PM

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Day 1	Day 2	Day 3	Day 4	No Dose	No Dose	No Dose
☐ : ☐ :	☐ : ☐ :	☐ : ☐ :	☐ : ☐ :			


AM


PM

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Day 1	Day 2	Day 3	Day 4	No Dose	No Dose	No Dose
☐ : ☐ :	☐ : ☐ :	☐ : ☐ :	☐ : ☐ :			


AM


PM

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Day 1	Day 2	Day 3	Day 4	No Dose	No Dose	No Dose
☐ : ☐ :	☐ : ☐ :	☐ : ☐ :	☐ : ☐ :			


AM


PM

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Day 1	Day 2	Day 3	Day 4	No Dose	No Dose	No Dose
☐ : ☐ :	☐ : ☐ :	☐ : ☐ :	☐ : ☐ :			