

TRUQAP + abiraterone with prednisone is for certain people with metastatic* prostate cancer that is PTEN-deficient

MAN WITH A PLAN AND TRUQAP

SIDE EFFECT TRACKER

Designed to help you manage your treatment with TRUQAP + abiraterone with prednisone.

Actor portrayals.

*Metastatic=cancer that has spread to other parts of the body.

IMPORTANT PRODUCT INFORMATION

TRUQAP is a prescription oral medicine used in combination with the medicines abiraterone and prednisone to treat adults who have PTEN-deficient prostate cancer that has spread to other parts of the body (metastatic). Do not take TRUQAP if you have had a severe allergic reaction to TRUQAP or are allergic to any of its ingredients. Males with female partners who are able to become pregnant should use effective birth control during your treatment with TRUQAP and for 4 months after the last dose. If your female partner becomes pregnant, tell your healthcare provider right away. TRUQAP may cause severe side effects, including high blood sugar levels (hyperglycemia); diarrhea; or skin reactions. Untreated severe hyperglycemia can lead to a condition called diabetic ketoacidosis that requires treatment in a hospital and can lead to death. The most common side effects include skin reactions, diarrhea, tiredness, and changes in certain blood tests.

Please see additional Important Safety Information on pages 14-15 and full Prescribing Information, including Patient Information for TRUQAP.

 **Truqap®**
capivasertib
160 mg • 200 mg tablets

Track your experience with TRUQAP + abiraterone with prednisone

Side effects may occur while taking TRUQAP + abiraterone with prednisone, including those that may be severe. Learning how to quickly identify them may help you manage them with your healthcare team.

In this Side Effect Tracker, you will find information on potential side effects and trackers to help you record and report what you may experience to your healthcare team.

Always tell your doctor about any side effects you may experience as soon as you notice them.

If side effects are interfering with your life, your doctor may:



It's important to check in with yourself and notice any changes in your body on a daily basis so you can identify any potential side effects as soon as they appear.



Organize essential contact information for your healthcare team.



Note your medical appointments.



Don't hesitate to reach out and communicate how you are feeling with your healthcare team. They are there to help you get the most of your treatment with TRUQAP + abiraterone with prednisone.



Please see additional Important Safety Information on pages 14–15 and full [Prescribing Information](#), including [Patient Information](#) for TRUQAP.

Complete the information about yourself and your healthcare team below so you have it readily available when you need to contact them.



My information

My name: _____

My phone: _____

My contact person: _____

Date: _____

My healthcare team

Name: _____

Phone: _____

Address: _____

Additional information: _____

Name: _____

Phone: _____

Address: _____

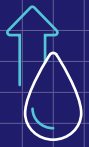
Additional information: _____

Name: _____

Phone: _____

Address: _____

Additional information: _____



Potential side effects of TRUQAP: High blood sugar levels

- High blood sugar levels, known as hyperglycemia, are common with TRUQAP and can be severe
- Hyperglycemia has happened in people with and without a history of diabetes
- Untreated severe hyperglycemia can lead to a condition called diabetic ketoacidosis, which is a serious condition that requires treatment in a hospital and can lead to death. It is possible to develop diabetic ketoacidosis while taking TRUQAP
- **Your doctor will monitor your blood sugar levels before you start and during treatment with TRUQAP**
- It is not known if TRUQAP is safe in people with type 1 diabetes or people who use insulin to treat their diabetes
- If you have a history of diabetes, your doctor will monitor your blood sugar levels more often
- If you have a fever, chills, infection, serious injury, or a new illness, tell your healthcare provider before taking your next dose

Symptoms of high blood sugar

Tell your doctor right away if you develop symptoms of high blood sugar, including:

- | | |
|--|-------------------------|
| ▪ excessive thirst | ▪ confusion |
| ▪ dry mouth | ▪ nausea |
| ▪ more frequent urination than usual or a bigger amount of urine than normal | ▪ vomiting |
| ▪ blurred vision | ▪ fruity odor on breath |
| ▪ increased appetite with weight loss | ▪ dry or flushed skin |
| ▪ stomach area (abdominal) pain | ▪ difficulty breathing |
| ▪ unusual tiredness | ▪ sleepiness |

Track your symptoms of high blood sugar levels

Every day, ask yourself whether you are experiencing any of the symptoms listed on the previous page. Any one of them could indicate a change in your blood sugar that your healthcare team needs to know about.

Are you experiencing any of the symptoms on the prior page?	
If yes, what symptom(s)?	Date symptom(s) occurred

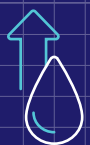


If you ever answer yes, call your healthcare team right away.
They can advise you regarding these symptoms.

Track your fasting glucose levels using the trackers on the following pages.

Remember to always tell your doctor right away about any side effects you experience. Your doctor may adjust your treatment or prescribe medication to help manage your side effects. These are not all the possible side effects with TRUQAP + abiraterone with prednisone.

You may report side effects to the FDA at 1-800-FDA-1088.



Potential side effects of TRUQAP: High blood sugar levels (continued)

Track your fasting glucose levels

You can use this page to track your fasting glucose levels, which should be monitored on **Day 3 or Day 4 of specific weeks during the first 2 months** of your TRUQAP treatment, and **then once a month** after that.

Your doctor may ask you to come into the office to monitor your fasting glucose levels, or advise you on how to track them at home.

Weekly Glucose Monitoring

Monitoring Schedule	Date	Fasting Glucose Level (mg/dL or mmol/L)
Week 1: ☐ Day 3 or ☐ Day 4		
Week 2: ☐ Day 3 or ☐ Day 4		
Week 3: ☐ Day 3 or ☐ Day 4		
Week 4: ☐ Day 3 or ☐ Day 4		
Week 6: ☐ Day 3 or ☐ Day 4		
Week 8: ☐ Day 3 or ☐ Day 4		

Monthly Glucose Monitoring

Monitoring Schedule	Date	Fasting Glucose Level (mg/dL or mmol/L)
Month 3		
Month 4		
Month 5		
Month 6		
Month 7		
(continue once a month)		

Remember to always tell your doctor right away about any side effects you experience. Your doctor may adjust your treatment or prescribe medication to help manage your side effects. These are not all the possible side effects with TRUQAP + abiraterone with prednisone.

You may report side effects to the FDA at 1-800-FDA-1088.



Potential side effects of TRUQAP: Diarrhea

- Diarrhea is common during treatment and can be severe. Severe diarrhea can lead to the loss of too much body water (dehydration)
- Talk to your doctor if you develop any signs of diarrhea, including loose or watery stool
- Ask your doctor about over-the-counter treatments that you could have on hand that may help if you have diarrhea

Tips to help manage diarrhea



Call your doctor at the first sign of diarrhea



Increase fluid intake



Take medicines to treat diarrhea



Limit dairy products



Avoid spicy foods



Limit caffeine intake



Taking TRUQAP with food may help reduce the risk of getting diarrhea*

*Based on an early study in healthy participants.

Among patients in the clinical trial who experienced diarrhea, **symptoms usually appeared within the first 2 weeks after starting treatment.**

These are not all the possible side effects with TRUQAP + abiraterone with prednisone.

Track any occurrences of diarrhea

Every day, ask yourself whether you are experiencing symptoms of diarrhea, such as loose or watery stool.

I normally have ____ bowel movements a day.

Are you experiencing diarrhea?			How many bowel movements have you had today?
Day	Yes	No	
1	☐	☐	
2	☐	☐	
3	☐	☐	
4	☐	☐	
5	☐	☐	
6	☐	☐	
7	☐	☐	



If you ever answer yes, call your healthcare team right away.

They can advise you regarding these symptoms.

Remember to always tell your doctor right away about any side effects you experience. Your doctor may adjust your treatment or prescribe medication to help manage your side effects. These are not all the possible side effects with TRUQAP + abiraterone with prednisone.

You may report side effects to the FDA at 1-800-FDA-1088.



Potential side effects of TRUQAP:

Skin reactions

- Skin reactions are common with TRUQAP and can be severe
- Tell your doctor or get medical help right away if you develop any of these symptoms:
 - a rash
 - a rash that keeps getting worse
 - reddening of the skin
 - fever
 - blistering of the lips, eyes, or mouth
 - blisters on the skin
 - skin peeling
 - dry skin

Tips to help manage skin reactions



At the first sign of skin irritation, call your doctor. Your doctor may recommend over-the-counter creams or prescriptions. Additionally, you can take care to avoid skin irritants



Avoid body washes and lotions with dyes and perfumes



Switch to dye- and fragrance-free detergent



Wear cotton or linen fabrics

Track any occurrences of skin reactions

Every day, ask yourself whether you are experiencing any of the symptoms listed on the left. Any one of them could indicate a skin reaction your healthcare team needs to know about.

Are you experiencing any of the symptoms on the left?			If yes, which symptom(s)?
Day	Yes	No	
1	☐	☐	
2	☐	☐	
3	☐	☐	
4	☐	☐	
5	☐	☐	
6	☐	☐	
7	☐	☐	



If you ever answer yes, call your healthcare team right away.
They can advise you regarding these symptoms.



Among patients in the clinical trial who experienced skin reactions, symptoms usually appeared within **2 weeks** after starting treatment.

Remember to always tell your doctor right away about any side effects you experience. Your doctor may adjust your treatment or prescribe medication to help manage your side effects. These are not all the possible side effects with TRUQAP + abiraterone with prednisone.

You may report side effects to the FDA at 1-800-FDA-1088.

Most common side effects



Skin reactions



Diarrhea



Tiredness



Changes in certain
blood tests

- These are not all the possible side effects of TRUQAP
- Ask your doctor before starting any new physical activity or exercise regimen

Tips to help manage tiredness

Managing tiredness means rest and delegation—save your energy as much as you can for the things that matter!

Here are a few tips to help:



Delegate chores



Schedule time to relax



Exercise

Track any of these symptoms

Every day, ask yourself whether you are experiencing any of these common or other symptoms.

Are you experiencing any of these common or other symptoms?			If yes, which symptom(s)?
Day	Yes	No	
1	☐	☐	
2	☐	☐	
3	☐	☐	
4	☐	☐	
5	☐	☐	
6	☐	☐	
7	☐	☐	



If you ever answer yes, call your healthcare team right away.
 They can advise you regarding these symptoms.

Remember to always tell your doctor right away about any side effects you experience. Your doctor may adjust your treatment or prescribe medication to help manage your side effects. These are not all the possible side effects with TRUQAP + abiraterone with prednisone.

You may report side effects to the FDA at 1-800-FDA-1088.

IMPORTANT SAFETY INFORMATION

What is TRUQAP?

TRUQAP is a prescription oral medicine used in combination with the medicines abiraterone and prednisone to treat adults who have PTEN-deficient prostate cancer that has spread to other parts of the body (metastatic).

Your healthcare provider will test your prostate cancer to see if it has PTEN deficiency to make sure that TRUQAP is right for you.

It is not known if TRUQAP is safe and effective in children.

IMPORTANT SAFETY INFORMATION ABOUT TRUQAP® (capivasertib) tablets

Do not take TRUQAP if you have had a severe allergic reaction to TRUQAP or are allergic to any of the ingredients of TRUQAP.

Before you take TRUQAP, tell your healthcare provider about all your medical conditions, including if you:

- have a history of high levels of sugar in your blood or diabetes
- have a history of rash or other skin disorders
- have liver problems
- have any current infection

Males with female partners who are able to become pregnant should use effective birth control during your treatment with TRUQAP and for 4 months after the last dose. If your female partner becomes pregnant, tell your healthcare provider right away.

Tell your healthcare provider about all the medicines you take, including prescription

and over-the-counter medicines, vitamins, and herbal supplements. TRUQAP may affect the way other medicines work, and other medicines may affect how TRUQAP works. Know the medicines you take. Keep a list of them to show your healthcare provider or pharmacist when you get a new medicine.

How should I take TRUQAP?

- Take TRUQAP exactly as your healthcare provider tells you
- Do not change your dose or stop taking TRUQAP unless your healthcare provider tells you
- Take TRUQAP 2 times each day (about 12 hours apart) in the morning and evening, at about the same times each day
- Take TRUQAP for 4 days in a row, followed by 3 days not taking TRUQAP each week
- Take TRUQAP with or without food
- Swallow TRUQAP tablets whole with water. Do not chew, crush, or split the tablets. Do not take any tablets that are broken, cracked, or that look damaged
- If you miss a dose of TRUQAP, you may still take it within 4 hours from the time you usually take it. If it has been more than 4 hours after you usually take your dose, skip that dose. Take the next dose at your usual time. Do not take 2 doses to make up for a missed dose
- If you vomit after taking a dose of TRUQAP, do not take an additional dose. Take your next dose at your usual time
- For men who have not had surgery to remove both testicles (bilateral orchiectomy), your healthcare provider will prescribe a gonadotropin-releasing hormone (GnRH) to take with TRUQAP along with abiraterone and prednisone

What are the possible side effects of TRUQAP?

TRUQAP may cause severe side effects, including:

- **High blood sugar levels (hyperglycemia)**

– Hyperglycemia is common with TRUQAP and can be severe. Hyperglycemia has happened in people with and without a history of diabetes. Untreated severe hyperglycemia can lead to a condition called diabetic ketoacidosis that can happen in people treated with TRUQAP. Diabetic ketoacidosis is a serious condition that requires treatment in a hospital and that can lead to death. Your healthcare provider will monitor your blood sugar levels before you start and during treatment with TRUQAP. It is not known if TRUQAP is safe in people with type 1 diabetes or people who use insulin to treat their diabetes. Your healthcare provider will monitor your blood sugar levels more often if you have a history of diabetes. If you have a fever, chills, infection, serious injury, or a new illness, tell your healthcare provider before taking your next dose. Tell your healthcare provider right away if you develop symptoms of hyperglycemia, including excessive thirst, dry mouth, more frequent urination than usual or a bigger amount of urine than normal, blurred vision, increased appetite with weight loss, stomach area (abdominal) pain, unusual tiredness, confusion, nausea, vomiting, fruity odor on breath, dry or flushed skin, difficulty breathing, sleepiness

- **Diarrhea** – Diarrhea can be severe during treatment with TRUQAP. Severe diarrhea can lead to the loss of too much body water (dehydration). Tell your healthcare provider if you develop any signs of diarrhea, including loose or watery stool.

Your healthcare provider will tell you to drink more fluids or take medicines to treat diarrhea

- **Skin reactions** – Skin reactions can be severe during treatment with TRUQAP. Tell your healthcare provider or get medical help right away if you get a new or worsening rash, reddening of the skin, fever, blistering of the lips, eyes or mouth, blisters on the skin, skin peeling, or dry skin

Your healthcare provider may tell you to decrease your dose, temporarily stop your treatment, or completely stop your treatment with TRUQAP if you get certain serious side effects.

The most common side effects of TRUQAP when used in combination with abiraterone and prednisone include skin reactions, diarrhea, tiredness, and changes in certain blood tests.

These are not all the possible side effects of TRUQAP. Call your healthcare provider for medical advice about side effects. You may report side effects to the FDA at 1-800-FDA-1088.

What should I avoid while taking TRUQAP?

- You should not drink grapefruit juice or eat grapefruit during treatment with TRUQAP

Please see full Prescribing Information, including Patient Information for TRUQAP.

You may report side effects related to AstraZeneca products [↗](#).

The MyTRUQAP Support Program was created to help you while you're on treatment, with tips and resources, including:



Email updates

Get helpful information and updates about taking TRUQAP and more



TRUQAP resources

Receive helpful resources during treatment



Financial help

Want to learn about savings?
We can help

Visit [TRUQAP.com](https://www.truqap.com) for additional helpful resources



Actor portrayals.

Please see Important Safety Information on pages 14-15 and full Prescribing Information, including Patient Information for TRUQAP.



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