

TRUQAP + abiraterone with prednisone is for certain people with metastatic* prostate cancer that is PTEN-deficient

MAN WITH A PLAN AND TRUQAP

MEDICATION TRACKER

Designed to support you and help manage your treatment with TRUQAP + abiraterone with prednisone.

Actor portrayals.



*Metastatic=cancer that has spread to other parts of the body.

IMPORTANT PRODUCT INFORMATION

TRUQAP is a prescription oral medicine used in combination with the medicines abiraterone and prednisone to treat adults who have PTEN-deficient prostate cancer that has spread to other parts of the body (metastatic). Do not take TRUQAP if you have had a severe allergic reaction to TRUQAP or are allergic to any of its ingredients. Males with female partners who are able to become pregnant should use effective birth control during your treatment with TRUQAP and for 4 months after the last dose. If your female partner becomes pregnant, tell your healthcare provider right away. TRUQAP may cause severe side effects, including high blood sugar levels (hyperglycemia); diarrhea; or skin reactions. Untreated severe hyperglycemia can lead to a condition called diabetic ketoacidosis that requires treatment in a hospital and can lead to death. The most common side effects include skin reactions, diarrhea, tiredness, and changes in certain blood tests.

You may **report side effects related to AstraZeneca products** .

Please see full Prescribing Information, including Patient Information for TRUQAP.

 **Truqap®**
capivasertib
160 mg • 200 mg tablets

Track your TRUQAP doses and other medications every day

Use this daily tracker to help you stay on top of your medication schedule with TRUQAP + abiraterone with prednisone.

How to take TRUQAP + abiraterone with prednisone

TRUQAP



4 DAYS ON

3 DAYS OFF

Two tablets (200 mg each), twice a day (about 12 hours apart), totaling 4 tablets each day by mouth (800 mg daily dose), 4 days a week followed by 3 days not taking TRUQAP each week.

Take TRUQAP exactly as your doctor directs, at the same time each day. Your doctor may adjust the dosage. Do not change or stop taking TRUQAP without your doctor's guidance.



ABIRATERONE (ABI)

Two tablets (500 mg each) once a day (1000 mg daily dose), regardless if it is a day you are taking TRUQAP or not.



PREDNISONE (PRED)

Your doctor will also prescribe a steroid, prednisone. 5 mg taken orally, once daily, or as your doctor prescribes.



Your doctor will also prescribe ADT (androgen deprivation therapy). Take it as your doctor prescribes.

If you have not had surgery to remove both testicles (bilateral orchiectomy), your healthcare provider will prescribe a GnRH (gonadotropin-releasing hormone) to take with TRUQAP. This will be in addition to abiraterone and prednisone.



Did you miss a dose?

If you miss a dose of TRUQAP, you may still take it within **4 hours** from the time you usually take it. If it has been more than 4 hours after you usually take your dose, **skip that dose**. Take the next dose at your usual time. **Do not take 2 doses** to make up for a missed dose.



With TRUQAP, you can choose the best day of the week to start.

Please see full [Prescribing Information](#), including [Patient Information](#) for TRUQAP.

Helpful reminders when taking TRUQAP



Do not take damaged tablets

Check tablets before taking them. Do not take any tablets that are broken, cracked, or appear damaged.



Avoid grapefruit

It's best to avoid consuming grapefruit juice or grapefruit during treatment with TRUQAP.



Swallow whole

Swallow TRUQAP tablets whole with water. Do not chew, crush, or split the tablets.



Take with or without food

TRUQAP can be taken with or without food. You can establish a routine that works best for you.



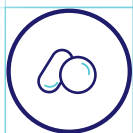
Don't double up

If you vomit after taking a dose, do not take another dose. Take your next dose at your usual time.



Talk to your doctor

Tell your doctor about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. TRUQAP may affect the way other medicines work, and other medicines may affect how TRUQAP works.



Keep a list of medicines

Keep a list of the medicines you take and show it to the doctor, nurse, or pharmacist when a new medicine is prescribed.

Daily medication tracker

DATE:

XX/XX



In the top row, write the date below each day



XX:XX



Write the time you take each AM and PM dose of TRUQAP in the appropriate box

TRUQAP is taken two times a day about 12 hours apart



Track your doses of abiraterone and prednisone in tracker as well

Treatment
schedule

DAY 1

DAY 2

DAY 3

DAY 4

DAY 5

DAY 6

DAY 7

WEEK 1

DATE:

AM	TRUQAP 	:	:	:	:	NO TRUQAP		
	Abiraterone Once daily	:	:	:	:	:	:	:
	Prednisone Once daily	:	:	:	:	:	:	:
PM	TRUQAP 	:	:	:	:	NO TRUQAP		

Please see full [Prescribing Information](#), including [Patient Information](#) for TRUQAP.

Treatment schedule

DAY 1

DAY 2

DAY 3

DAY 4

DAY 5

DAY 6

DAY 7

WEEK 2

DATE: _____

 AM	TRUQAP 	 ____ : ____	 ____ : ____	 ____ : ____	 ____ : ____	NO TRUQAP		
	Abiraterone  Once daily	 ____ : ____	 ____ : ____	 ____ : ____	 ____ : ____	 ____ : ____	 ____ : ____	 ____ : ____
	Prednisone  Once daily	 ____ : ____	 ____ : ____	 ____ : ____	 ____ : ____	 ____ : ____	 ____ : ____	 ____ : ____
 PM	TRUQAP 	 ____ : ____	 ____ : ____	 ____ : ____	 ____ : ____	NO TRUQAP		

Use this space to write down your ADT details and schedule based on what your doctor has prescribed:

Daily medication tracker

Treatment
schedule

DAY 1

DAY 2

DAY 3

DAY 4

DAY 5

DAY 6

DAY 7

WEEK 3

DATE: _____

 AM	TRUQAP 	 ____ : ____	 ____ : ____	 ____ : ____	 ____ : ____	NO TRUQAP		
	Abiraterone  Once daily	 ____ : ____	 ____ : ____	 ____ : ____	 ____ : ____	 ____ : ____	 ____ : ____	 ____ : ____
	Prednisone  Once daily	 ____ : ____	 ____ : ____	 ____ : ____	 ____ : ____	 ____ : ____	 ____ : ____	 ____ : ____
 PM	TRUQAP 	 ____ : ____	 ____ : ____	 ____ : ____	 ____ : ____	NO TRUQAP		

Use this space to write down your ADT details and schedule based on what your doctor has prescribed:

Please see full [Prescribing Information](#), including [Patient Information](#) for TRUQAP.

Treatment schedule

DAY 1

DAY 2

DAY 3

DAY 4

DAY 5

DAY 6

DAY 7

WEEK 4

DATE: _____

 AM	TRUQAP 	 ____ : ____	 ____ : ____	 ____ : ____	 ____ : ____	NO TRUQAP		
	Abiraterone  Once daily	 ____ : ____	 ____ : ____	 ____ : ____	 ____ : ____	 ____ : ____	 ____ : ____	 ____ : ____
	Prednisone  Once daily	 ____ : ____	 ____ : ____	 ____ : ____	 ____ : ____	 ____ : ____	 ____ : ____	 ____ : ____
 PM	TRUQAP 	 ____ : ____	 ____ : ____	 ____ : ____	 ____ : ____	NO TRUQAP		



After completing the 4-week trackers,
visit **TRUQAP.com** to print more trackers



Here's the plan



Follow the dosing schedule



Track your side effects



Let your doctor know about any side effects that you may have



Scan to learn more at [TRUQAP.com](https://www.TRUQAP.com)

Actor portrayal.

Please see full [Prescribing Information](#), including [Patient Information](#) for TRUQAP.

AstraZeneca 

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 **Truqap[®]**
capivasertib
160 mg • 200 mg tablets